

## **Research on the Mechanism of Trust Mechanism Influencing Community Residents' Relations and Mutual Assistance**

**Li Zhiqiang**

School of education science, Baotou normal college, Inner Mongolia university of Science and Technology,  
Baotou, Inner Mongolia, China

Faculty of Psychology, Southwest University, Chongqing, China

**Keywords:** community trust; resident relationship; impact mechanism

**Abstract:** Trust has always been the most basic ethical norm for human interaction in China for 5000 years. In dealing with the relationship among community residents, we should also follow the basic principle of trust, reform and improve the internal relationship of community residents' lives through a series of scientific investigation and research means, analyze and deal with the daily trust situation of residents reasonably, and promote and maintain the harmony among community residents by a large margin. Reasonable friendly exchanges, and accompanied by more harmonious relations to deal with. Like trust in the general sense, mutual assistance between communities should also be based on mutual trust, so as to strengthen the friendly relationship between communities.

### **1. Introduction**

Generally speaking, trust is always the most basic guarantee for equal and friendly exchanges between people. It is always an extroverted attitude formed between social activities and exchanges. Its function is to proceed from the other side's standpoint, handle affairs rationally, and achieve the purpose of helping oneself to accomplish what one needs. It is a normal, worthy of promotion and propaganda, suitable foreign exchange program. In addition, mutual assistance is the same, only with appropriate methods and ways, can we really be considerate and related to the interests of both sides. In addition, the longer the emotional input lasts, the greater the impact of trust and mutual assistance on community residents.

### **2. Survey on trust and mutual assistance in the community**

For the impact of research, it is essential to take the actual data, for the entire community residents' psychological status and external performance of a reasonable exploration and discovery, collation and collection of related data, facilitate the use of large data for a reasonable analysis, to find the impact of the situation, to make rational countermeasures<sup>[1]</sup>.

After collecting enough data and information, it can be analyzed and discussed through the collected information. In addition, information can help survey more intuitively find the proportional relationship between community trust and community mutual assistance, which reflects the living status of community residents. For example, Figure 1 below. In addition, if the level of trust of community residents can be improved, there is no doubt that the level of mutual assistance of the whole community will also have a certain degree of room to rise, that is to say, mutual trust can greatly enhance the level of mutual assistance of the entire residents, and then affect the living conditions of the whole community residents, and enhance the living conditions of the community. People's happiness in life.

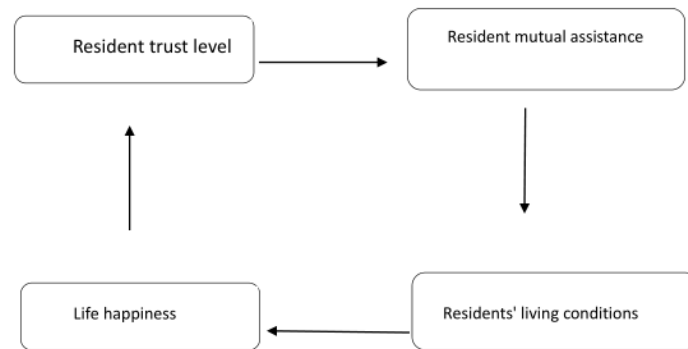


Fig. 1 Four aspects of residents' lives and their relationships

Through the above-mentioned Tables, we can observe in detail the relationship among residents' trust level, residents' mutual assistance level, residents' living conditions and residents' sense of well-being. Then we can see the decisive relationship among the four more straightforward, instead of strict restrictive relationship, it is mutually reinforcing and mutually reinforcing relationship at each level. They all play a supporting and decisive role in the next level. Contemporary Western economists have proposed that trust and mutual assistance, as a new type of social capital, are composed of expectations and obligations. Everything has its purpose, so as a rational behavior of positive energy in society, it has certain risks, and the consequence of such risks is the huge benefits of trust. In other words, trust itself is a kind of venture capital. Compared with the previous trust, people pay more attention to the enormous benefits brought by trust and mutual assistance, thus maintaining a friendly relationship of trust and mutual assistance.

Through appropriate communication survey methods and sample analysis, we can intuitively have a better understanding and control of residents' living conditions. First of all, through literature research, through reading a large number of domestic and foreign literature, with the help of these documents, to reasonably solve the current community problems, and to plan a detailed theoretical basis. In addition, by distributing questionnaires to residents, residents can participate independently, make reasonable explanations and reasoning based on their own practical experience, adopt one-to-one problem-solving form, enhance residents' happiness in life, and then lead to residents' trust and mutual assistance. Finally, through interviews, referring to individual interviews with residents one after another, we can understand the real thoughts of residents, provide a direction for research and improvement for the management level, and set goals for the next action.

In addition, with the help of the rapid development of the Internet era, new ways of information acquisition can also be carried out through the Internet [2]. Keeping up with the pace of the times, nowadays the rational use of Tencent QQ and Wechat applications and the creation of group chat can largely avoid the distress of regional distance, achieve seamless and spacing network chat, strengthen and consolidate the management level, such as the close contacts of residents' lives by neighborhood committees, and have a more direct understanding of residents' lives. Daily conditions. In addition, the neighborhood committee can also publish some information that is more beneficial to the residents, so as to achieve close communication with the residents and gain the residents' trust. Through this new type of social media, we can enhance network communication and contact, and promote mutual communication and understanding. Community staff should also achieve appropriate guidance, have appropriate adjustments and corrections for the atmosphere, promote emotional exchanges between residents, and enhance the feelings among residents.

### 3. Analysis of Trust and Mutual Assistance in Communities

By analyzing the data, we can intuitively find out the problems. Combining with a large number of data and the residents' own narration during the visit, we can help the management to understand and grasp the real trend of the residents' inner thoughts. The management almost determines the spiritual direction of the whole community. Trust depends on both sides. It is not a single aspect of friendship that can arouse the degree of mutual trust and help each other. It is conducive to the

development of overall trust in society, deepening the overall frequency of social mutual assistance and the growth of mutual assistance in the community as a whole. Simply put, trust in the community can promote mutual assistance, but the degree of mutual assistance can also increase mutual trust among residents. Like “tail-biting snakes”, these three are closely integrated, one of which is indispensable, but they are independent of each other. This constitutes a virtuous circle, showing a spiral upward space.

In fact, it is not difficult to find some problems of trust and mutual assistance in daily life. For example, in the case of residents going out, whether they will give their spare keys to their neighbors, ask their neighbors to help keep them, or even give them to security booths, this behavior seems very small, but it is also a way to show trust. So standing on the opposite side, is willing to pay mutual assistance to repay the trust of the other side. Simulate a scenario: If you are in a hurry to go out, but also because of some special circumstances, you need to put the spare key in the hands of your neighbors. Figure 2 below. At this time, there are two choices: to give the key or not to give the key. If the key is chosen, trust will be strengthened, and neighbourhood relations will be further strengthened and promoted. In addition, if the key is not given, the most basic, let alone the ultimate goal, of improving residents' happiness in life has not been achieved. This is the initiative, take the initiative. In contrast, if you choose to give keys to your neighbours, they also have two choices. The first is to accept the other party's request, to help each other, for the neighbors and their friendly relations have a very obvious role in promoting, but if not accepted, they can avoid trouble, and for the moment there is no loss. This is in line with the idea put forward by the famous foreign new economists: trust itself is a purposeful behavior, its starting point is accompanied by benefits, such a venture capital brings the greatest return on benefits. Through such a story, we can vividly help to understand the relationship between trust and mutual assistance, as well as the interests and friendly exchanges between them.

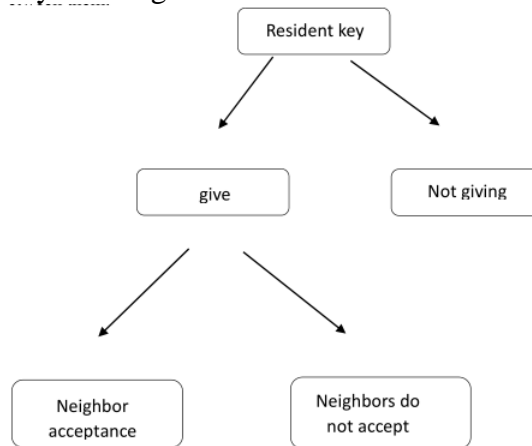


Fig. 2 is a case study.

#### 4. Suggestions on Promoting Community Trust and Mutual Assistance

Through some special ways, we can strengthen and enhance the well-being of community residents, enhance trust and mutual assistance. First of all, we can carry out literary and artistic activities in the community, mobilize residents' sense of happiness and novelty in life, and fully mobilize residents' sense of participation through literary and artistic activities. People often play different roles in different scenarios. Such literary and artistic activities can help residents understand their inner thoughts in different scenarios and deal with complex interpersonal relationships. The more trust the residents have, the more willing they will be to lend a helping hand to other residents and help others participate in complex community construction and work together. Such mental and emotional state also has a very effective operation and management help for the community. In addition, it is to develop mutual aid platforms and improve relevant rules and regulations [4]. The purpose of constructing the platform is to exchange information at high speed and enhance the mobility and sharing of information. At the same time, we should improve the rules

and regulations, take compulsory control measures for the users of the platform, that is, residents, so as to make their lives and platforms and use more transparent, and further enhance the residents'sense of use, operation and even experience.

## **5. Conclusion**

Generally speaking, the trust and mutual assistance of the community are helpful and sound, helping to maintain the harmony and stability of the community. At the same time, we should strengthen residents'propaganda on the use of the platform, enhance the flow of customers on the platform, and bring greater exchange of information platform for the platform. Establishing such a platform, in short, is to enable residents to open their hearts to access information, promote trust and mutual assistance, but also to help the relevant departments to carry out research. With this form, we can strengthen the trust and mutual assistance of residents, and hope that such a good feeling can improve the quality of life of residents, promote staff and management.

## **Acknowledgement**

This research has been financed by The Project of Fundamental Research Funds for the Central Universities in 2016 of Southwest University “A case study of rural new citizen community identity in the rural-urban fringe”(SWU1609342).

## **References**

- [1] Su Yinhua [1], Duan Gongxiang [2], Li Huayi [3], etal. Current situation and Countermeasures of mutual support for the aged among urban community residents [J].Nursing Research: Late Edition, 2017 (31): 4688.
- [2] Zheng Hong, Xu Yong. Research on the maintenance mechanism of entrepreneurial team trust and its impact on team performance [J]. Nankai Management Review, 2017 (05): 31-42.
- [3] Qin Zhihua, Wang Dongdong, Jin Shaguang. The Mechanism of Trust Mechanism on the Cooperation and Development Cooperation of Jobs--Based on the Comparative Study of Several Cases of National Key Enterprises and Institutions[J].Science of Science and Technology Management,2018(6): 7-20.
- [4] Wu Yinbo, Cheng Zhichao. Research on the Influence of Reciprocity Norms on Self-efficacy in Virtual Community[J].Science & Technology Information,2018,16(3):242-244.